

WHAT'S MOST IMPORTANT?

MY TOP 3 GOALS FOR THE WEEK: _____

MY TOP 3 GOALS FOR EACH DAY:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

NOTES & DOODLES: